## Principal's Message:

Happy New Year everyone and welcome back to Guthrie! On behalf of the staff, we hope you all had a wonderful, safe, and healthy holiday. I hope that, besides a well-deserved rest, you had an opportunity to enjoy some time together with family and friends. Thank you to the families that were able to support our community during our Christmas Cheer Drive in December. We are very fortunate to be a part of such a caring community and your support is so appreciated!

December was a busy month and it was so nice to be able to welcome families into the school for our holiday concerts. Your support was overwhelming and it was wonderful to see all of your smiling faces during the performances. Our staff and students worked hard to put this concert together for all of you to enjoy and we were very excited to showcase all of the many talents at Guthrie!

With January comes a renewed focus and goal setting for staff and students at Guthrie. We will be working together to support one another as we grow in both our academic and social-emotional well-being. With hard work and determination I know that all of our students will strive to meet their goals! Thank you for all of your positive messages and for everything that you do to support the staff and students at Guthrie! We are looking forward to a great year as we start 2023!

## Mrs. Dianna Wright-Drzazga d Mr. Stewe Schaus



## Guthrie Dates to Remember

Jan. 12 Barrie Colts Night (7:30 start)
Jan. 13 Spirit Day - Comfy Clothes Day
Jan. 20 Spirit Day - Tropical Day (wear your sun glasses, hats and tropical attire!)
Jan. 27 P.A. Day - students do not attend Jan. 30 to Feb. 3 Dental screening by SMDHU

Coming in February and beyond...
Feb. 14 Valentine's Day, Spirit Day: wear pink, red, and white. Valentine's Dance.
Feb. 17 Reports go home
Feb. 20 Family Day Holiday (school closed)
Feb. 22 Pink Shirt Day

## March 7 Grad photos

March 13-17 March Break

## Register for Kindergarten 2023!

Kindergarten is the beginning of a wonderful journey of learning and we want your child to begin their journey in a SCDSB school! Do you have a child who is turning four in 2023? If so, we invite you to register your child for kindergarten. To register online or for more information visit: www.scdsb.on.ca/ kindergarten

## Helpful Information

9:10 am Entry Bell
10:50-11:30 1st Nutrition \& Outdoor Break
1:10-2:00 pm 2nd Nutrition \& outdoor Break
3:40 PM DISMISSAL
3:45-3:50 pm Buses Depart
Safe Arrival: 705-487-2532 (Press 1)
Website: http://gut.scdsb.on.ca
Twitter: @GuthriePublic and @_Guthrie_P Address: 22 Line 5 South, Oro-Medonte, LOL 2E0

Phone: 705-487-2532


THANK YOU FOR SUPPORTING Christmas Cheer!

Thanks to the outstanding support of Guthrie families, and the dedicated work of our students and teachers, our annual Christmas Cheer drive was a spectacular success! With your help, we collected over 3000 items for Barrie and District Christmas Cheer, who were then able to provide a Christmas to families in Barrie and the surrounding area.
Because of your generous support, the Holidays were a little brighter for many families. Thank you!


## Guthrie's

## Barrie Colts Night

 JAN 12, 2023, 7 P.M. Barrie Colts face off against the Flint Firebirds (Michigan) at 7 pm on Thursday, Jan. 12, 2023.If you've purchased tickets, they will be sent home with your student on Wednesday, January 11. If you'd prefer to pick up your tickets at the school, please give us a call at 705-487-2532, ext. 1.


## Sif <br> Guthrie <br> Public School FUNDRAISER 2022-2023

## FRESH CHICKEN, CANADIAN BEEF, PORK AND SEAFOOD AS WELL AS

 HOMEMADE PREPARED MEALS AND CHEESECAKES OVER 180 PRODUCTS TO CHOOSE FROM
## HOW DOI ORDER?

1. GO ONLINE to www.chickenontherun.ca and place your order!
2. AT THE CHECKOUT (IMPORTANT)

ENTER THE COUPON CODE: GUTHRIE2023
3. PROCEED TO PAYMENT USING VISA r
4. DELIVERY: A MEMBER OF THE CHICKEN ON

THE RUN FAMILY WILL CONTACT YOU TO LET YOU
KNOW WHEN HOSGERY WILL OCCUR.
YOUR ORDER WILL BE DELIVERED TO YOUR HOME WITHIN 2-3 BUSINESS DAYS AFTER ORDERING.


Rainbows
Guthrie P.S. will be offering a weekly peer support group for our students going through painful life transitions (e.g.: $\underline{\text { separation, }}$ divorce, death) in February. Rainbows is an international not-for -profit organization that fosters emotional healing among children. Trained staff members will meet with students once a week for 12 weeks starting in February. If you are interested in having your child participate, forms are available at the office. Please contact Mrs. Liedtke if you have further questions.
Thank you.

## Reminder about sledding SAFETY AT SCHOOL

Please note that we have a class set of crazy capets that may be used for Daily Physical Activity (DPA) or physical education classes.
If you have any questions, please contact the school.



Go to: https://soraapp.com/ library/simcoecountyca and sign in with your SCDSB user name and password. Happy reading!

## Inclement weather and bus cancellation information reminder

***GUTHRIE PUBLIC SCHOOL IS IN THE CENTRAL ZONE***

All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium (SCSTC)'s bus information website at www.simcoecountyschoolbus.ca.
When buses are cancelled, schools remain open for student learning, as in other years. It is always a parent/guardian's decision whether or not it is safe for their child(ren) to leave for school under severe weather conditions.
The SCSTC and bus operators try to make the decision to cancel school buses before 6 a.m. and make every effort to post announcements before 7 a.m. Inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day. You can follow the Consortium on Twitter @SCSTC SchoolBus for bus cancellations and other information. You can also subscribe to receive bus delay notifications here: https://scstc.ca/Subscriptions/Login.aspx

## High School Information events for Grade 8 students

Is your child starting Grade 9 next year? High school information events will take place in person this winter! Student leaders and staff at the school will give an overview of what's new and what to expect. Learn about courses offered, as well as information about teams and clubs. Please visit the SCDSB website to find details on your high schools' info night, and contact the school directly for more information.

Let's talk Kindergarten! Join the SCDSB for a live virtual info session on Jan. 24 Do you have a child who is turning four in 2023 and are interested in learning about Kindergarten in the Simcoe County District School Board (SCDSB)? Join us Tuesday, Jan. 24 from 7 to $7: 30$ p.m. for a virtual info session. This presentation will be hosted by members of the SCDSB's early years team, who will provide parents/guardians with important information they need to know about Kindergarten. More details regarding this event will be shared on the SCDSB website and social media platforms in January.

## Standards of behaviour and consequences for student action related to racism, BIAS OR HATE

At the SCDSB, we are committed to maintaining safe, inviting and supportive school environments, and recognize that all students have the right to be safe, and feel safe, in our schools. With this right comes the responsibility to contribute to a positive school climate.
We want you to know that any incident of racism, bias or hate will not be tolerated. Any such incident is treated very seriously with immediate action and consequences in accordance with the requirements of the Education Act, and consistent with our values and obligations under the Ontario Human Rights Code.

Students who engage in acts of racism, bias or hate will face severe consequences as a result of their actions. Please take a moment to review the SCDSB Code of Conduct with your child(ren). The Code of Conduct sets clear standards of behaviour and specifies consequences for student actions that do not comply with these standards.

We are dedicated to educating our students and staff about the injustice and impact of systemic racism. We continue to work with students, staff, parents/guardians and community partners to ensure that our schools are the safe places they are intended to be for all students.

## Bite-sized math support at home

Are you looking for a quick way to support your child in developing their numeracy skills? Here are two resources that provide math activities that can be done in 5 minutes or less!

1. mathbeforebed.com/ We know that daily reading at home supports your child's literacy development; the same is true with math! This website provides images that can be used as a quick number talk before bed. Ask your child: "how many do you see?" and "how do you know?" This website has content for students of all ages.
2. www.parentengagementmatters.ca/math-storytime Math Storytime is a tablet-based app for ages 5-8 that contains stories about basic math concepts. The stories provide the opportunity for talking about math at home.

## Interested in learning more about the ways that the SCDSB supports students WITH SPECIAL EDUCATION NEEDS AND THEIR FAMILIES? JOIN US FOR A VIRTUAL SPECIAL EDUCATION OUTREACH SERIES

In 2023, the Simcoe County District School Board (SCDSB) is hosting virtual special education outreach sessions to assist parents/caregivers in learning more about programs, supports and ways that we work together to support students with special education needs.

## IEPs and school-based assessments - information for parents/caregivers <br> Jan. 12 6:30 to 7:30 p.m.

## Supporting students with autism spectrum disorder

Feb. 14 6:30 to 7:30 p.m.
Supporting students as they transition into school, from one school to another, and from school upon graduation
April 20 6:30 to 7:30 p.m.
Working with families to create safe, supportive environments for children who have experienced trauma May 9 6:30 to 7:30 p.m.

Participants are asked to register in advance. Information to access the sessions will be shared via email with individuals who have pre-registered. Learn more about each session and how to register on the SCDSB website at www.scdsb.on.ca/elementary/special education/special education outreach sessions.

## Ontario Ministry of Education tutoring services

The Ontario Ministry of Education is supporting tutoring services in schools and in the community until the end of March 2023. Schools offering after school tutoring services will advertise this service directly to parents/guardians. Community tutoring agencies provide free-of-charge tutoring to Simcoe County District School Board (SCDSB) students after hours in the community and online. Contact information for community tutoring agencies can be found at www.scdsb.on.ca/elementary/tutoring programs. Tutoring is available to all SCDSB students from Junior Kindergarten to Grade 12. The SCDSB is also seeking members of the community to act as tutors in our schools during the school day. All candidates must apply through Apply to Education Posting \#3361243. Candidates are required to be interviewed by SCDSB administration, provide professional references, and complete a Vulnerable Sector Screen through their local police service. For more information, please email tutoring@scdsb.on.ca.

## Foundational literacy skills - oral language

Based on decades of research, we know the foundational literacy skills necessary for students to learn to read. Oral language is a natural process for us as humans, and our brain is wired for speaking and listening. As children interact with others, they acquire language skills, learning the pronunciation of words and their meaning. Oral language helps children learn the sound structure of language and build vocabulary and background knowledge. Oral language is the foundation for reading and writing.

Here are some ways you can support oral language development with your child(ren) at home:

- Sharing oral stories
- Active, everyday conversations
- Listening games such as Simon Says
- Dramatic play where your child takes on imaginary roles
- Reading books together



## FOUR WAYS TO IMPROVE YOUR CHILD'S STUDY HABITS

As we welcome the new year, people often take this time to reflect and make resolutions to form good habits for the year ahead. For some, these resolutions are personal goals, like cooking more meals at home, or joining a local gym - but what about setting family goals? As a parent, you can help your children set goals that will help them succeed at school, such as improving study habits.

It is difficult to see your child struggle with their schoolwork, but with these tips, your child will be able to effectively use their study time to thrive in school this year. Even better, working on these habits now will set them up for success for years to come - both in school and in the workplace. Here are four ways you can help improve your child's study habits:

## 1. Eliminate distraction

Learning requires focus and concentration to be successful. Removing distractions from your child's learning space is crucial. Portable technology is the largest distraction when it comes to studying. While studying, try to choose a location outside of their study space where they can leave their phone or tablet to minimize distractions. Of course, there are other types of distractions as well, such as a nearby TV or other children. If possible, find a study location away from the home's common space. Allow your child to turn on white noise or music if it helps them concentrate. It might aid in blocking out other obtrusive sounds so they can concentrate on their schoolwork.

## 2. Try alternatives to reading

It can get tiresome to read notes and textbooks to learn new information. Your child can only focus for so long before they begin to lose interest and tire of the subject. Try alternative strategies, such as creating flashcards, finding an informative video, listening to educational podcasts or audio books, or asking them to visualize a concept with a graphic or diagram. Kids learn in different ways. Find what works best for your child and use it to their advantage. Just be sure to keep the focus on studying and avoid the online distractions.

## 3. Give regular praise

Positive parenting and recognizing their accomplishments (both big and small) may be all the motivation they require to succeed. Let them know you appreciate all their effort and hard work. Make sure to celebrate effort over outcome to show your child that trying is the most important thing. Some great wins to celebrate include solving a tricky problem, reaching a reading or math goal, or finishing a project or assignment. Let them know you are proud of them and that they should be proud of themselves as well. They'll be eager to advance if you sometimes throw in a special treat or outing!

## 4. Find additional help when needed

Perhaps one of the biggest lessons for students to learn is not be afraid to ask for help when needed. However, as a parent, sometimes we don't have the knowledge or ability to provide the help they need when it comes to schooling. That's when it's important to seek additional help, such as a tutor. Tutors can provide professional, tailored help to students, whether it is with an entire subject or a concept within a subject. Tutors can help your child succeed in school, while giving you peace of mind that they are learning with a professional.

The Simcoe County District School Board (SCDSB) has teamed up with the YMCA of Simcoe/Muskoka to launch the Y Achieve Tutoring program. This program provides free tutoring sessions outside of school hours, free of charge for any students who may be struggling. These sessions are open to students from Grades 6 to 12 attending a school within the SCDSB, whether you have a YMCA membership or not. For more information, or to book a session online, please visit www.ymcasm.ca/tutoring or contact morgan.gillies@sm.ymca.ca. Information provided by the YMCA of Simcoe/Muskoka

